



## SPECIFICATIONS

<b>Model Number</b>	NLT - SHO
<b>Description</b>	Workplace Full Spectrum Light Therapy
<b>Dimensions</b>	48" long (4')
<b>Weight</b>	11 lbs
<b>Power Usage</b>	54 watts
<b>LUX</b>	4,000 lux at 3' 2,800 lux at 4'
<b>Electronic Ballasts</b>	Instant on, no flicker
<b>Unit construction</b>	Composition - All-metal quality
<b>Manufacturing</b>	Made in North America
<b>Accessories</b>	Replacement Bulbs
<b>Warranty</b>	5 year Unlimited Warranty on all parts and labor
<b>Installation</b>	<b>For safety, the SHOWoff should be mounted professionally</b>

## About Northern Light Technologies

Northern Light Technologies was launched over 20 years ago by a team of engineers with advanced degrees in engineering and lighting technologies. In 1993, the Company co-founded the Circadian Lighting Association, an international association of light therapy manufacturers adhering to a Code of Practice for improved safety and efficacy. (see [www.claorg.org](http://www.claorg.org)).

Today Northern Light Technologies has grown to become one of the largest manufacturers of innovative light therapy and specialty lighting technology products in the world.

- Experts in Lighting Technology
- Factory Direct made in North America
- Products proven through Research and Development
- Physician Recommended for over 20 years
- Broadest Product Line

## Light Therapy for Group Settings

The SHOWoff is an energy-efficient, low-maintenance solution for improved lighting in the workplace. The SHOWoff is a ceiling fixture mounted on a track that will provide therapeutic light levels to a fairly large work area.

With an 8 foot ceiling, the average person will be about 3.5 feet from the SHOWoff and have exposure to 3,000 – 4,000 lux. One light therapy session, at these light levels, requires 90 minutes.

## Hospitals and Sleep Clinics

The SHOWoff is ideal for use in Hospitals with many applications throughout the facility including:

- Shift Workers
- Offices and Common Areas (lunch rooms) without windows
- Nurses Work Stations

## Nursing Homes and Senior Care Facilities

Senior citizens do not always have the luxury of being exposed to bright light. A single light room fitted with a few SHOWoffs will do wonders for these elderly shut-ins.

## Windowless Work Areas and Shift Workers

The SHOWoff can be useful in improving mood, energy, and productivity while improving safety by reducing errors.



## New Employee Resource During Winter Months

Light Therapy can become a new low cost resource to help employees handle the dark days of the winter months. Absence soars during winter months. Illnesses such as colds and flu are the most common reason given for absence (93%) yet research shows that, actually, much of this ill-health is related to anxiety, stress and depression. It is estimated 13.4 million working days a year are lost due to depressive disorders. These disorders can contribute to poor performance on the job, lack of motivation and strained relationships.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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